

RESOURCES FOR THE AGING IN WASHINGTON, DC



This fact sheet provides an overview of several government and nonprofit resources for the aging community in Washington, DC.

DC Office on Aging

The DC Office on Aging develops and carries out a comprehensive and coordinated system of health, education, employment, and social services for the District's elderly population, who are 60 years of age and older. It carries out advocacy, leadership, management, program, and fiscal responsibilities. The Office on Aging oversees the operation of two on-site programs, the Information and Assistance Center and the Senior Employment and Training Program. In addition, it contracts and monitors the operation of a District-owned, privately operated nursing home. It also funds a Senior Service Network comprising 20 community-based, nonprofit organizations that provide direct services to the District's elderly citizens.

The 30 community-based, education, government, and private organizations that make up the Senior Service Network operate more than 40 programs for older persons. Crucial to the Network are five (5) Lead Agencies that offer a broad range of legal, nutrition, social, and health services. The goal of these six (6) agencies is to enhance the quality of life for older adults and their families throughout all eight wards of the District of Columbia. The agencies accomplish this goal through widespread distribution of information about the variety of services and programs offered seniors throughout the city and ways to access them.

Phone: (202) 724-5622 | Web: www.dcoa.dc.gov

DC Government Aging and Disability Resource Center (ADRC)

The ADRC serves the needs of the District's elderly age 60 and over as well as persons with disabilities age 18 and over. Also available through the ADRC are resources and support for their families, caregivers and professionals in the healthcare and social service industries. There is a single point of entry for those who qualify as well as satellite offices that cover each of the eight (8) wards in the District.

The ADRC assists the District's elderly and persons with disabilities in maximizing their independence and improving their quality of life by linking people with a range of quality services. In addition, the ADRC provides assistance and information to seniors and people with disabilities about their current situation and help them explore options and benefits available to them.

Location: 1134 11th Street NW

Nearest Metro: Mount Vernon Square – 7th Street Convention Center

Phone: (202) 724-5626 | TTY: (202) 724-8925
Toll Free: 1.877.919 ADRC (2372) | Web: www.adrcdc.org

Health Insurance Counseling

The George Washington Law School's Health Insurance Counseling Project (HCIP) provides free health insurance information, education, and counseling services to Medicare beneficiaries and seniors who live in the District of Columbia. In addition to assistance with health insurance issues, HCIP also assists seniors with resolving unpaid medical bills, making appeals for denials of medical services, and obtaining prescription medications.

HCIP can answer questions and provide assistance on issues relating to health insurance including Medicare, Medicaid, Medigap (Medicare supplemental insurance), Medicare+Choice (Medicare managed care), long-term care insurance, long-term care, federal employee health benefits, unpaid medical bills, HMOs, durable medical equipment, and hospice care.

Location: HCIP, George Washington Law School
2136 Pennsylvania Avenue, NW

Phone: (202) 739-0668

The Elder Think Tank

The Elder Think Tank is a program of the DC Center made up of a broad spectrum of volunteers. Its mission is to provide support and advocacy for the aging GLBT populations of the DC metropolitan area and those who provide services to them. The mission is accomplished through identification of needs and concerns, and provision or facilitation of education and training.

Phone: (202) 682-2245 | Web: www.thedccenter.org

Wanda's Will Project

The Wanda's Will Project is a national awareness and empowerment program of the non-profit Women in the Life Association that empowers lesbians, gays, bisexuals, and transgenders to execute final and living wills that are legally binding. They work to protect residents' rights and ensure that their wishes are fully honored in life and beyond.

Phone: 1 (866) 713-2316 | Email: wandaswill@verizon.net

Elder Care Locator

The Elder Care Locator is a public service of the US Administration on Aging. A caller can use the Elder Care Locator toll-free number, (800) 677-1116, to identify information and referral services provided by State and Area Agencies on Aging and access more than 4,800 state and local Information and Referral (I & R) service providers identified by zip code throughout the country. The Elder Care Locator is available weekdays from 9 am to 8 pm (ET). Additional information about the Elder Care Locator can be obtained by contacting the National Association of Area Agencies on Aging.



Government of the District of Columbia
Adrian M. Fenty, Mayor

This document was produced by the Mayor's Office of Gay, Lesbian, Bisexual and Transgender Affairs
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